

## Snohomish County Boards & Commissions Application Form

## SNOHOMISH COUNTY BOARDS & COMMISSIONS APPLICATION FORM

NOMINEE: Please fill in the	nis section
Name of Board/Commission:	Council On Aging
	New Appointment
Snohomish County Council District (Please choose one):	5
Name	Kristina Gizinski
Home Address	c/o Brookdale Monroe: 15465 179th Ave SE
Mailing Address (if different)	Field not completed.
City	Monroe
State	WA
Zip Code	98272
Telephone (Home)	2062939981
Telephone (Work)	3605473298
Email	krigiz@brookdale.com
Current Employer	Brookdale Monroe
Occupation	Social and Human Services / Executive Director
Education	MA - Nonprofit Leadership

Why would you like to serve on this board/commission?

I have spent my 26 year career supporting seniors and people with developmental disabilities. I would love to share my experience and knowledge, as well as, make meaningful connections with others in the benefit of Snohomish County seniors.

Please explain why you are a qualified candidate, including relevant professional experience, to serve on the board/commission.

I have 26 years of experience working in, advocating for, and studying the Senior and Developmental Disabilities field. Throughout my career, I have held various executive leadership, human resources, government, and training roles, allowing me to gain a comprehensive understanding of the human and social services sector. I am passionate about fostering partnerships and driving conversations that contribute to continuous improvement in senior living and social services.

With a strong emphasis on strategic goals and organizational milestones, I take pride in navigating complex systems, streamlining processes, and ensuring efficiency. Celebrating the successes of organizations and individuals is something I deeply value, and I strive to create environments where those achievements are recognized and built upon.

I have 7 years of experience managing substantial budgets, serving as a responsible fiscal steward of government funding, and negotiating additional contracts for services. This has provided me with the skills to manage financial resources effectively while expanding services and support options.

My educational background is centered around social and human services. I hold a Master's Degree in Nonprofit Management from Seattle University, where my capstone project focused on living wages and the impact of turnover in the human services industry. In 2015, I presented this work to the general public and my cohort, and that same year, I had the honor of being the opening speaker at the Northwest Renal Dietitians Conference, discussing strategies for working with individuals with developmental disabilities. I also hold a Bachelor of Arts Degree from the University of Montana, where I completed research comparing services for people with disabilities in Montana and Kyrgyzstan.

I would be excited to speak further about how my experience

	and skills can contribute to the success of the Council on Aging.
Please list community involvement/volunteer activities	Civil Air Patrol Senior Member (4/2022-present): Position - Character Development Instructor (4/2024- present) YS Lee Martial Arts: Current level Danbo / Junior Instructor (9/2024- present) Seattle University: Nonprofit Leadership Alumni Council, Position - Secretary (6/2019-7/2021) Tulalip Foundation: Consultant regarding Board Management (1/2015-6/2015)
How did you learn of this opportunity?	I have been in the field for a long time. I am seeking out other opportunities to participate in my community.
Do you currently serve on a Snohomish County board or commission?*	No

<sup>\*2.03.060</sup>SCC - Candidates for appointment to county boards or commission must meet the following requirements:

- (1) Possess qualifications for the appointment sought, as shown by the candidate's written documentation and any hearing testimony;
- (2) If a reappointment, demonstrate the continuing benefits of retaining the board member as discussed in the executive's recommendation and a satisfactory attendance record, as determined by adopted criteria of the particular board;
- (3) Reside or work in Snohomish County, or show evidence of special interest in Snohomish County, PROVIDED That a candidate may not be a County employee.

\*\*People joining identified boards and commissions will be required to complete a background check. Boards and commissions identified as subject to requiring background checks include Children's Commission, Community Services Advisory Council, Council on Aging, CDMH (Chemical Dependency and Mental Health Program Advisory Board), Climate Action Advisory, Developmental Disabilities, Evergreen State Fair, Human Rights, Marine Resouces, Performance Audit, and Planning Commission.

By signing this Application Form, Nominee acknowledges that he/she will comply with all county policies, county code, and state law. Nominee also acknowledges that any record, including personal e-mail, prepared, owned, used, or retained by

Nominee in the conduct of Board/Commission business is a public record, and Nominee agrees to produce said records to County upon request. Failure to comply with the above provisions may result in Nominee's removal from Board/Commission.

Signature	Kristina Gizinski
Date	2/13/2025
Please attach resume if available and either submit this form or print it and mail to	KLG Resume 2025.pdf

Pursuant to the Public Records Act, Chapter 42.56 RCW, records submitted to Snohomish County and County Council are subject to public disclosure. The practice of the council office is to post all meeting and hearing materials to our website to ensure transparency, as well as to assist in facilitating public records requests.