

## SNOHOMISH COUNTY COUNCIL Snohomish County, Washington

## RESOLUTION NO. 23-023

## RAISING AWARENESS OF THE IMPORTANCE OF SUN SAFETY AND RECOGNIZING MAY 26, 2023, AS "DON'T FRY DAY"

WHEREAS, more than 5 million Americans are diagnosed with skin cancer each year, making it the most common cancer diagnosed in the United States; and

WHEREAS, one American dies every forty-five minutes from skin cancer; and

WHEREAS, the U.S. Surgeon General Office has issued a Call to Action to Prevent Skin Cancer; and

WHEREAS, The National Council on Skin Cancer Prevention has designated the Friday before Memorial Day as "Don't Fry Day" to encourage sun safety awareness and to remind everyone to protect their skin while enjoying the outdoors; and

WHEREAS, the most common types of skin cancer are strongly associated with exposure to UV radiation (sunlight and indoor sources); and

WHEREAS, according to the latest data from the Washington State Department of Health, an average of 615 cases of Melanoma, the deadliest form of skin cancer, are diagnosed in Snohomish County each year, and 1 in 5 Americans will develop skin cancer by the age of 70; and

WHEREAS, individuals can take steps to reduce their risk of developing skin cancer by being sun safe. Sun protection helps prevent the harmful effects of UV exposure, including sunburn, skin, cancer, premature skin aging, and eye damage;

**NOW, THEREFORE, BE IT RESOLVED,** the Snohomish County Council does hereby recognize May 26, 2023, as "Don't Fry Day" and encourages residents to learn more about sun safety and to take steps to reduce harmful effects of ultraviolet light exposure by using a physical (mineral) sunscreen with ingredients such as minerals titanium dioxide and zinc oxide to block harmful sun rays.

APPROVED this 24th day of May, 2023.

Jayed Mead

Council Chair

Sam Low

Councilmember

Nate Nehring

Council Vice-Chair

Megan Dunn

Councilmember

Strom Peterson

Councilmember

ATTEST: Maunton

Elena Lao, CMC

Deputy Clerk of the Council