



Welcome to Sound Pathways

OUR WORK



Sound Pathways offers essential,
harm reduction-based programs and services:

Foundational
Community Supports
Housing Program
(FCS)

Harm Reduction
Center (HRC)
Health Engagement
Hub (HEH)

Parent Child
Assistance
Program
(PCAP)

*HEH in partnership with Conquer Clinics

FOUNDATIONAL COMMUNITY SUPPORTS (FCS)



Foundational Community Supports (FCS) Supportive Housing Program is designed to serve individuals who need housing.

FCS staff work with clients (16 yrs and older) to find, secure and maintain housing.

PARENT CHILD ASSISTANCE PROGRAM (PCAP)



Parent Child Assistance Program (PCAP) is an evidence-based home visitation case management program designed to support pregnant and parenting women with substance use disorders.

PCAP case managers work with high-risk mothers to help them

- Address substance abuse
- Rebuild their lives, and
- Prevent future births of children exposed prenatally to alcohol and drugs

HARM REDUCTION CENTER (HRC)



The Harm Reduction Center (HRC) is designed to provide critical services to people who use drugs.

The Outreach Specialist team serves the community through substance use harm reduction, prevention and intervention methods.

HRC OUTCOMES

HRC
Serves 2000+
individuals
annually

Annual Impact:

- **6,645** outreach contacts made—a 53% increase in community engagement compared to 2023.
- **9,512** Naloxone kits distributed, equipping thousands with life-saving tools.
- **737** overdose reversals reported—a staggering 117% increase over last year, underscoring the urgency and effectiveness of our response.
- **2,185** referrals to substance use treatment, reflecting a 406% surge from 2023—connecting more individuals than ever to pathways of recovery.
- **679** individuals received wound care, marking a 124% increase, with compassionate support meeting people where they are.

HEALTH ENGAGEMENT HUB



Sound Pathways has partnered with Conquer Clinics to launch a pilot program to serve communities disproportionately impacted by overdose, health issues, and other harm related to drugs.

- An integrated hub offering medical, harm reduction, treatment, and social services.
- Available through both a central clinic and mobile care units serving all of Snohomish County.



HEH OUTCOMES

HEH
Launched
January
2025

Since Launch:

1,548 total encounters — **870** have become established clients

Services Provided *(many received multiple per visit)*

- **30%** Medical care (primary, wound, infectious disease)
- **93%** Care navigation, needs assessment, emotional support
- **47%** SUD services: screenings, treatment, MOUD, education
- **95%** Safe use supplies & education
- **26%** Referrals for housing, case management, treatment, mental health, dental, transportation & public benefits

FTIR DRUG CHECKING PROGRAM

Helping our
community stay
safer, one test
at a time

Empowering safer choices through science-based harm reduction.

- **111** individuals supported each month
- **120** samples analyzed using FTIR technology
- **40** samples sent for advanced secondary lab testing

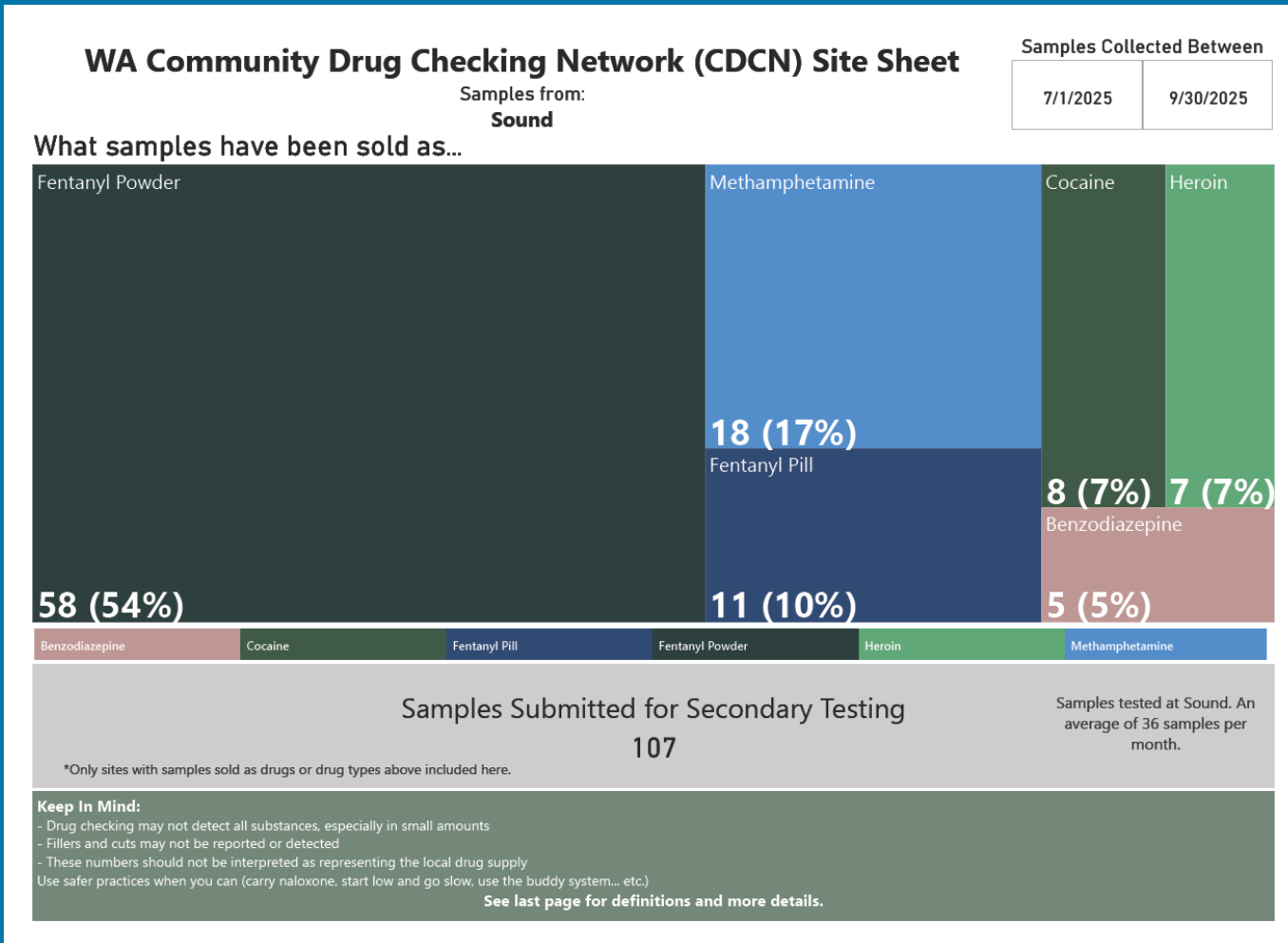
What we check for:

Fentanyl • Xylazine • Benzodiazepine • Methamphetamine • Nitazene •
Medetomidine • and more

In Partnership with Washington
Community Drug Checking
Network (CDCN)



WHY IT MATTERS



Every test
gives people
information, choice,
and the chance to stay
alive.

*Fourier Transform Infrared Spectroscopy (FTIR)