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Snohomish County Boards & Commissions Application Form

SNOHOMISH COUNTY BOARDS & COMMISSIONS APPLICATION FORM

NOMINEE: Please fill in this section

Name of Board/Commission: North Sound Mental Health Admin Advisory Board

New Appointment

Snohomish County Council
District (Please choose
one):

2

Name	MICHELE MEAKER
Home Address	
Mailing Address (if different)	
City	Everett
State	Washington
Zip Code	98208
Telephone (Home)	
Telephone (Work)	
Email	
Current Employer	United Way of Snohomish County
Occupation	Resource Development Manager
Education	Master's of Public Administration from the Evan School of Public Policy & Governance at the University of Washington
Licenses held (if applicable)	<i>Field not completed.</i>
Why would you like to serve on this board/commission?	<p>I am being referred by NAMI Snohomish County, since I am newly returning to Snohomish County and assisting the local affiliate with their programming. Formerly, as Executive Director of NAMI Eastside, I heard many stories that deserved to be heard. This board serves as that vital link between the providers and the community.</p> <p>We have a family member who is living with mental health and substance use disorder; we are blessed to have a large extended family who all are non-judgmental and supportive in various ways to her. We have lost several family members to suicide in the past.</p> <p>Having lived overseas in Europe, I believe strongly in Public Health and would advocate for more funding the healthcare, particularly of our most vulnerable. I have also seen firsthand the healing that comes to both families and individuals when supported by a strong community. I believe in peer-based</p>

programming for both families and individuals living with mental health conditions.

Lives are changed when people are supported and have a strong community to turn to in crisis.

Please explain why you are a qualified candidate, including relevant professional experience, to serve on the board/commission.

I have unique broad experience to bring to this role on the NSBHO Advisory Board:

In the Spring of 2018, I completed my Executive Master's Degree from the Evans School of Public Policy and Governance at the University of Washington. As former Legislative Assistant for Rep. Luis Moscoso, 1st LD in Olympia, I am knowledgeable about the legislative and budgeting process in WA State. I have experience with policy making with constituents and stakeholders.

I also come with the perspective of local non-profits, both from a large agency and a small grassroots organization, having worked as part of the Development & Marketing team at Compass Health for three years and also as Executive Director of NAMI Eastside in King County for three years.

Through Compass Health, I became familiar with the acronyms that make up the behavioral health community. I visited many of the facilities and wrote grants to support their work. With the leadership of Compass Health, I submitted two large grants in response to RFPs to the North Sound BHO; one for the Mobile Crisis Responder teams for Compass Health (awarded in 2016?) and the second to re-open the North County Evaluation & Treatment Center (not awarded in 2016?). I also wrote other grant requesting funds from public and private entities.

In my role as Executive Director of NAMI Eastside in King County, I served on the King County MIDD (Mental Illness and Drug Dependency) Advisory Board for the which oversees the funds from the countywide 0.1% sales tax generating an about \$136 million per two-year biennium.

Also working with NAMI Washington, I sat on the citizen's advisory board for the implementation and rulemaking for I-940 with the Washington State Criminal Justice Training center. Our NAMI Volunteers are part of the 40 hour CIT Training for Law Enforcement.

Finally, as Executive Director of NAMI Eastside, I heard many stories that deserved to be heard. I helped to lead grassroots advocacy efforts that helped to lay the groundwork for

investment in Behavioral Health. I am back in Snohomish County, volunteering with the local NAMI affiliate to increase their peer-lead programming and serve as liaison to this body.

Please list community involvement/volunteer activities

Presenter of the Adult Mental Health First Aid (MHFA) program

Presenter/Facilitator of NAMI Programs:

NAMI Family-2-Family

NAMI Family & Friends

NAMI Basics

NAMI Ending-the-Silence for Teachers, Students, and Parents

NAMI Family Support Group Facilitator

NAMI Smarts for Advocacy

How did you learn of this opportunity?

I am being referred by NAMI Snohomish County to the serve in the open position.

Do you currently serve on a Snohomish County board or commission?*

No

**2.03.060SCC - Candidates for appointment to county boards or commission must meet the following requirements:*

(1) Possess qualifications for the appointment sought, as shown by the candidate's written documentation and any hearing testimony;

(2) If a reappointment, demonstrate the continuing benefits of retaining the board member as discussed in the executive's recommendation and a satisfactory attendance record, as determined by adopted criteria of the particular board;

(3) Reside or work in Snohomish County, or show evidence of special interest in Snohomish County, PROVIDED That a candidate may not be a County employee.

By signing this Application Form, Nominee acknowledges that he/she will comply with all county policies, county code, and state law. Nominee also acknowledges that any record, including personal e-mail, prepared, owned, used, or retained by Nominee in the conduct of Board/Commission business is a public record, and Nominee agrees to produce said records to County upon request. Failure to comply with the above provisions may result in Nominee's removal from Board/Commission.

Signature

Michele Meaker

Date

6/1/2021

Please attach resume if [2- 2021 Resume Michele Meaker.pdf](#)
available and either submit
this form or print it and mail
to

Pursuant to the Public Records Act, Chapter 42.56 RCW, records submitted to Snohomish County and County Council are subject to public disclosure. The practice of the council office is to post all meeting and hearing materials to our website to ensure transparency, as well as to assist in facilitating public records requests.

Email not displaying correctly? [View it in your browser.](#)