

From: noreply@civicplus.com
To: [Anderson, Karen](#); [Szebenyi, Alessandra](#)
Subject: Online Form Submission #178748 for Snohomish County Boards & Commissions Application Form
Date: Wednesday, November 5, 2025 3:29:53 PM

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Snohomish County Boards & Commissions Application Form

SNOHOMISH COUNTY BOARDS & COMMISSIONS APPLICATION FORM

NOMINEE: Please fill in this section

Name of Board/Commission: North Sound Mental Health Admin Advisory Board

New Appointment

Snohomish County Council District (Please choose one): Snohomish County

Name: Cassandra Thorpe

Home Address

Mailing Address (if different): *Field not completed.*

City: Everett

State: WA

Zip Code: 98208

Telephone (Home)

Telephone (Work)

Email

Current Employer: Sound Behavioral Health

Occupation: Senior Clinic Manager

MA in Clinical Mental Health Counseling

Education

| | |
|---|--|
| Licenses held (if applicable) | LMHC, SUDP |
| Why would you like to serve on this board/commission? | I would love to be apart of the North Sound Mental Health Advisory Board. I currently work in King County, but live in Snohomish County and I strive to make a difference in the community that I live in. It is my great privilege to work in the behavioral health field and we need to continue to improve the services that we provide to the individuals and families in our community. Access to care is vital, and individuals and families need to be able to get the healthcare they are looking for. |
| Please explain why you are a qualified candidate, including relevant professional experience, to serve on the board/commission. | I have worked in community mental health since 2017, starting as an intern and working my way up to my current position. I am a licensed mental health counselor and substances use disorder professional. I have worked as a direct service provider, clinical supervisor, and now clinic manager. I am a trainer for Cognitive Behavioral Therapy for Psychosis and provide trainings on an annual basis to support other providers to gain insight and learn interventions to support folks with chronic mental health conditions. I have been apart of building an Access to Care department and improving the care provided in a non-profit organization. I have developed project and implemented changes that have improved our outcomes to care. I have partnered with King County to be apart of pilot projects to improve the outcome based measures set for organizations that provide care. I have been the chair for the Clinical Excellence Committee for 3+ years within Sound. We develop and implement quality clinical practices and standards through evidence based care principles. |
| Please list community involvement/volunteer activities | I have supported with tabling and networking events with Sound for many years. |
| How did you learn of this opportunity? | I looked into how to get more connected to higher level oversight boards and support the behavioral health field. |
| Do you currently serve on a Snohomish County board or commission?* | No |

**2.03.060SCC - Candidates for appointment to county boards or commission must meet the following requirements:*

(1) Possess qualifications for the appointment sought, as shown by the candidate's

