



**Snohomish County Human Services
MEETING MINUTES**



**SNOHOMISH COUNTY
EARLY HEAD START POLICY COUNCIL**

Zoom Meeting Link

<https://us02web.zoom.us/j/84858665081?pwd=LFoarVlsxgBsCelpOIKrGA1dmtKEaf.1>

Passcode: 936410

**Monday, November 24, 2025
1:30 – 2:30 PM**

Attending

- County Staff Present: Kristina Saunsaucie, Mellissa Hiatt, Margarita Ferrel (providing interpretive services)
- Policy Council Members Present: Aalyer Alexander, Esmeralda Carranza

Called to Order

Kristina Saunsaucie called the meeting to order at 1:34 PM.

☐ Quorum met ☒ Quorum not met

Approval of Minutes

- October 2025
 - Action: Approval of October minutes moved to the next meeting as there was not a quorum.

Program Financials

Snohomish County Human Services Admin/Finance Division ensures all EHS expenditures are consistent with and allowable under EHS Grant and EHS Performance Standards

Program financials and credit card reports were not shared as there was not a quorum.

- September and October 2025 Program Financials
- September and October 2025 Credit Card Reports
 - Action: Approval of receipt of the September and October 2025 financials and the September and October 2025 Credit Card Reports moved to the next meeting as there was not a quorum

Management Report

Kristina presented the Management report.

- Enrollment Update
 - Program is over-enrolled at 85 with 82 available slots.
 - Three children are exiting this month.
 - There were no vacancies over 30 days.
- Staffing updates
 - There is currently one vacant ITS full-time position.
 - Applications have been submitted.

- Once EHS receives word of approved grant application. Interviews are tentatively scheduled in January to fill the vacant position.
- Program Information Data (see below)
This Report shows data about families enrolled for the full 2024-25 Program Year. If there are questions, contact Kristina.
- Full Enrollment Initiative Update
 - The EHS program has been fully enrolled every month during the Full Enrollment Initiative.
 - November was the last month for monitoring. However, due to the government shut down, processing has been delayed.
 - EHS will continue to stay fully enrolled until notification has been received that monitoring full enrollment is complete.

Update – Office of Head Start

Kristina shared information about the current federal shutdown.

- Federal Shutdown
 - Due to the shut down and processing delays, applications for November and December grants will be processed first.
 - There has been no current information on the year two grant received from the Office of Head Start.

PC member comment-

“I am happy about the reopening. I have no questions and am looking forward to continuing with the program.”

Continuation Grant Application Process-Year 2

5-year grant award with annual continuation application with budget (2025-2029)

Kristina shared information about the status of the Year 2 Continuation Grant Application with budget.

- 2025 Application: Program Budget
 - Application still pending with Office of Head Start

Family Nutrition Activities

Nutrition and Healthy Eating for HeadStart Children and Families

Kristina shared information on Sound Dietician family learning sessions.

- Session Topics
 - Session one: Picky Eaters
 - Session two: Cooking with Toddlers: December 3rd, 2025, from 12:00 p.m. to 1:00 p.m.
 - EHS is providing menu items.
 - Session three: Introducing Solid Foods: December 10th, 2025, from 5:00 p.m. to 6:00 p.m.
 - EHS is providing menu items.
 - Session four: MyPlate: December 17th, 2025, from 5:00 p.m. to 6:00 p.m.
 - This class will be education only with no menu items supplied.
 - There will be further discussion about how to continue this programming.

PC member Comment

"I joined the first session. My children were helping put ingredients together. It was good, a great experience for them to learn".

- Harvest of the Month
 - EHS will continue doing the harvest of the month.
 - PC member requested reminders to be sent prior to meetings.

PC member comment:

"I never done it before-cooked the squash- and it was really good"

PC member comment:

"Made squash in the oven with chicken on the side and spaghetti sauce on the side- one out of two (children) ate the squash."

December Meeting

Kristina provided options for the Policy Council meeting in December.

- Kristina recommended December 16th, 2025.
 - Kristina requested 9-10 a.m.-, Tuesday, December 16, 2025.
 - PC members in attendance agreed to December 16, 2025, at 1:30.
 - Kristina will reach out to the rest of the group to see if that works for members not in attendance.

PC member comment:

"Used the zoo tickets and it was really fun."

Parent/Caregiver Sharing

Purpose to share information from Parent Committee.

- PC Member Comments
 - Everything is good, thank you.
 - Going well for me as well.

Announcements

- December 16, 2025, is next meeting date

Meeting Adjourned

Kristina Saunsaucie adjourned meeting at 1:47 PM.

Note: If you have questions, please contact Kristina Saunsaucie at 425-388-6439 or Kristina.Saunsaucie@snoco.org

Program Enrollment and Attendance

Early Head Start program enrollment as of September 30, 2025

- Total Cumulative Enrollment: 93
- Total Current Enrollment: 83
- Under 100% FPL: 20
- Public Assistance: 48
- Foster Care: 5
- Homeless Families: 22
- % of Over-Income Families (100-130% FPL): 6
- % of Over-Income Families (> 130% FPL): 1
- % of Children with an IFSP: 27%
- Current Waiting List: 8
- % of Completed Home Visits: 79%
- Vacancies over 30 Days: 0

Demographics and Health Data

- Pregnant People: 7
- Children Under 1 Year: 20
- Children 1 – 2 Years: 25
- Children 2 – 3 Years: 31
- Families with home language other than English: 59%
- Children with a medical home: 100%
- Children with a dental home: 98%
- Well-Child Exams Completed: 91%
- Dental Screenings: 74%
- Immunizations Up to Date: 82%