



Health and Community Services

Cynthia Foley

Council Initiated:

Yes

No

ECAF: 2024-1336

Motion: 24-264

Type:

- Contract
- Board Appt.
- Code Amendment
- Budget Action
- Other

Requested Handling:

- Normal
- Expedite
- Urgent

Fund Source:

- General Fund
- Other
- N/A

Executive Rec:

- Approve
- Do Not Approve
- N/A

Approved as to

Form:

- Yes
- No – Due to contract back date
- N/A

Subject: Agreement for Substance Use Peer Navigation Program with Ideal Option PLLC

Scope: The Health Department is seeking to enter into an agreement with Ideal Option PLLC for substance use peer navigation services in the amount of \$133,990.

This project will provide care and support to individuals in Snohomish County using substances who might also be incarcerated, homeless, or have recently experienced an overdose. Peer navigators will build relationships with clients and identify the client’s readiness to access treatment for substance use disorder and work with them to achieve their personal goals, which may include reducing harm while using substances or establishing recovery from substance use. Peer navigators will assist with transportation to appropriate social services, treatment, and medical providers.

The contractor will employ two full time peer navigators who have experience working with the priority population and building and maintaining relationships with community partners active in opioid recovery work. Peer navigation will be provided at the following sites (or similar locations with County approval):

- Snohomish County Diversion Center (.5 FTE) – To assist individuals who use drugs and are living homeless.
- Snohomish County Jail (.5 FTE) – To assist individuals who are incarcerated and use drugs. Peer navigator will work with the Jail Services Coordinator to engage people who are not currently requesting services.
- Providence Regional Medical Center Everett Emergency Department (1.0 FTE) – To assist individuals who recently experienced an overdose, are seeking care for substance use disorder-related health concerns, and may also be homeless. Priority will be given to individuals who frequently use emergency health systems.

Duration: April 1, 2024, through August 31, 2024, and may be extended for up to four one-year terms.

Fiscal Impact: Current Year Future-Year N/A

Expenditures	Current Year	2025	2026	2027	2028	Total
Fund 125 – Prevention Services	\$133,990					\$133,990
Totals	\$133,990	0	0	0	0	\$133,990

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Revenue	Current Year	2025	2026	2027	2028	Total
						0
Totals	0	0	0	0	0	0

Authority Granted: Motion 24-264 authorizes the Executive to sign an agreement with Ideal Option PLLC for a substance use peer navigation program.

Background: On May 22, 2024, Council passed Motion 24-187¹ approving execution of an agreement with Ideal Option PLLC for transportation and peer navigation services in the Sky Valley Corridor.

Requested Action: Move to the GLS agenda for Council consideration.

¹ [Snohomish County Council - File #: 2024-0732 \(legistar.com\)](#)