



**SNOHOMISH COUNTY COUNCIL**  
**Snohomish County, Washington**

**RESOLUTION NO. 26-028**

**RAISING AWARENESS OF THE IMPORTANCE OF SUN SAFETY AND  
RECOGNIZING MAY 22, 2026, AS “DON’T FRY DAY” IN SNOHOMISH COUNTY**

*WHEREAS, more than 5 million cases of skin cancer in Americans are diagnosed annually, making it the most common type of cancer in the United States; and*

*WHEREAS, at least 2 people die of skin cancer in the U.S. every hour; and*

*WHEREAS, the most common types of skin cancer are strongly associated with exposure to UV radiation (sunlight, tanning devices, and indoor sources); and*

*WHEREAS, on average, having more than five sunburns doubles your risk for melanoma; and*

*WHEREAS, the state’s cancer registry reports that in Washington in 2022, 5,665 new instances of melanoma of the skin were reported.*

*WHEREAS, Snohomish County has a high incidence rate of melanoma, according to the Washington Department of Health. Skin cancer rates in our county exceed state levels. Over 2018-2022 there were approximately 62.6 skin cancer cases per 100,000 compared with the statewide rate of 53.2; and*

*WHEREAS, the state’s cancer registry documented about 1,763 new melanoma cases and 60 deaths in the county from 2020-2022; and*

*WHEREAS, the National Council on Skin Cancer Prevention has designated the Friday before Memorial Day as “Don’t Fry Day” to promote sun safety awareness and to remind everyone to protect their skin while enjoying the outdoors; and*

*WHEREAS, individuals can take precautions to reduce their risk of developing skin cancer. Sun protection helps prevent the harmful effects of UV exposure, including sunburns, skin cancer, premature skin aging, and eye damage; and*

*WHEREAS, when detected early, the 5-year survival rate for melanoma is 99 percent;*

*NOW, THEREFORE, BE IT RESOLVED, that the Snohomish County Council does hereby recognize May 22, 2026, as “Don’t Fry Day” and encourages residents to learn more about sun safety. The County Council also urges residents to take measures to decrease the harmful effects of ultraviolet light exposure, such as using sunscreen with an SPF 30 or higher, to block harmful sun rays.*

**APPROVED this 20<sup>th</sup> day of May, 2026.**

**Megan Dunn**  
Council Chair

**Sam Low**  
Council Vice-Chair

**Nate Nehring**  
Councilmember

**Jared Mead**  
Councilmember

**Strom Peterson**  
Councilmember

ATTEST:

**Elena Lao, CMC**  
Deputy Clerk of the Council