

Name of Board/Commission:	Board of Health
	New Appointment
Snohomish County Council District (Please choose one):	3
Name	[REDACTED]
Home Address	[REDACTED]
Mailing Address (if different)	<i>Field not completed.</i>
City	Edmonds
State	WA
Zip Code	98026
Telephone (Home)	[REDACTED]
Telephone (Work)	[REDACTED]
Email	[REDACTED]
Current Employer	[REDACTED]
Occupation	Human Services Program Manager
Education	Some College
Licenses held (if applicable)	<i>Field not completed.</i>
Why would you like to serve on this board/commission?	For the last 3 years I have served on the Community Equity Advisory Committee, and now I would like the opportunity to use my experience and knowledge to help on the Board of Health. I am a formerly homeless and disabled Veteran and a single mother who has lived in Snohomish County for the past 25 years. I would be honored to use my lived and professional experiences to join the Board of Health.
Please explain why you are a qualified candidate, including relevant professional	For the last 5 years I have been the Human Services Program Manager for the City of Edmonds, and a large segment of the people I work with are low-income, unhoused, elderly, or have behavioral health challenges. These are all issues that have a significant impact on people's access to healthcare as well as

experience, to serve on the board/commission.	their overall well-being and would be pertinent to the Board of Health. During the COVID pandemic, I helped to set up testing sites in Edmonds, as well as a pop-up vaccine clinic. Last year we hosted a Narcan distribution and resource event. Both my son and I have autoimmune issues, so dealing with our own health situations has also made me more knowledgeable, which could be of value to my service on the Board. In addition, I served 4 years on the Community Services Advisory Committee, which focuses on issues of poverty.
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Please list community involvement/volunteer activities	I currently serve on the Partnership to End Homelessness board, the Homeless Policy Task Force, the PSRC Equity Advisory Committee, the YWCA and Housing Hope boards, the State Advisory Council on Homelessness, the Washington Low Income Housing Alliance board, and the National Low-Income Housing Coalition board. I am also on the VOA's Lynnwood Neighborhood Center Steering Committee as well as the Citizen's Equity Advisory Committee through the Health Department.
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How did you learn of this opportunity?	I learned of this board position through the Health Department's Citizen's Equity Advisory Committee.
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Do you currently serve on a Snohomish County board or commission?*	Yes
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*\*2.03.060SCC - Candidates for appointment to county boards or commission must meet the following requirements:*

- (1) Possess qualifications for the appointment sought, as shown by the candidate's written documentation and any hearing testimony;*
- (2) If a reappointment, demonstrate the continuing benefits of retaining the board member as discussed in the executive's recommendation and a satisfactory attendance record, as determined by adopted criteria of the particular board;*
- (3) Reside or work in Snohomish County, or show evidence of special interest in Snohomish County, PROVIDED That a candidate may not be a County employee.*

**\*\*People joining identified boards and commissions will be required to complete a background check. Boards and commissions identified as subject to requiring background checks include Children's Commission, Community Services Advisory Council, Council on Aging, CDMH (Chemical Dependency and Mental Health Program Advisory Board), Climate Action Advisory, Developmental Disabilities, Evergreen State Fair, Human Rights, Marine Resources, Performance Audit, and Planning Commission.**

*By signing this Application Form, Nominee acknowledges that he/she will comply with all county policies, county code, and state law. Nominee also acknowledges that any record, including personal e-mail, prepared, owned, used, or retained by Nominee in the conduct of Board/Commission business is a public record, and Nominee agrees to produce said records to County upon request. Failure to comply with the above provisions may result in Nominee's removal from Board/Commission.*

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Signature

[REDACTED]

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Date

06/25/2025

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Please attach resume if  
available and either  
submit this form or print  
it and mail to

[REDACTED]

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*Pursuant to the Public Records Act, Chapter 42.56 RCW, records submitted to Snohomish County and County Council are subject to public disclosure. The practice of the council office is to post all meeting and hearing materials to our website to ensure transparency, as well as to assist in facilitating public records requests.*

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## View results

Respondent

3

Anonymous

31:04

Time to complete

1. Name \*

2. Email address \*

3. Phone number

4. A Board of Health is a governing body that provides guidance and oversight for public health activities in the community. What do you understand the roles and duties of the board of health to be in Snohomish County? \*

I have served on a few other county boards and understand this board to be an advisory board that provides guidance and insight from people with lived experience, and to oversee the activities of the Health Department to ensure that the community is best being served.

Please enter at most 500 characters

5. In what ways have you experienced or observed racial and/or ethnic inequity in your life? \*

My son is bi-racial, and I've seen him experience discrimination and racism many times! Once when he was only 7 years old, he was followed by a security guard in a store, while I was 30 feet behind him. He also had a school librarian deny him the access to check out a Harry Potter book, because she said he "couldn't possibly read at a 6th-grade level" and then proceeded to look him up and down. I've also been questioned as to whether he was my son, so we have both experienced it!

Please enter at most 500 characters

6. Reflecting on your life experiences, how have public health programs - such as SNAP, WIC, home visiting, or treatment services - played a role? \*

I have always been a single mom, and since I wasn't receiving child support, I had to use WIC and SNAP, so I am very familiar with these programs and understand how vital they are for so many families in our community! My son also had SUD, so treatment services while we were on Apple Health were not only few and far between, but absolutely lifesaving!

Please enter at most 500 characters

7. Please share your knowledge and/or experience in impacting individual, institutional, and systemic change in the areas of public health. \*

During COVID, I was asked to join the Equity Advisory Board because all the information was in English, appointments were made online, and many people were being left out of information, testing, vaccines, and basic care. I was very concerned for our unhoused neighbors, people with no internet access, people whose native language wasn't English, our senior residents, as well as those with disabilities and lack of transportation. These are all areas we can improve our public health system!

Please enter at most 500 characters

8. What is your interest and/or experience in impacting individual, institutional, and systemic change in the areas of equity, diversity, and inclusion? \*

I believe that people closest to the problem are also closest to the solution, so having experienced homelessness twice, living with a disability, having a bi-racial son, and being a Veteran has driven my commitment to being a change agent in the areas of diversity, equity, inclusion AND anti-racism. When we are not including representation from the communities we are serving, then we are continually creating inequity and perpetuating the very systemic problems we are trying to overcome!

Please enter at most 500 characters

9. Are you able to be actively engaged as a board of health member and can you commit to a minimum of five hours per month to serve on the board? \*

Yes! Part of my job is to engage in opportunities that allow me to not only serve the residents of Edmonds, but to also advocate for change so that more people have access to quality healthcare.

Please enter at most 500 characters

10. The Board of Health meetings are held in a hybrid setting and members may choose to participate either virtually or in person. The board occasionally (usually two to four times per year) holds an in-person meeting. Would you be able to attend a maximum of four in-person meetings per year? \*

☒ Yes

☐ No

11. Are you an elected official? \*

☐ Yes

☒ No

12. Do you have any fiduciary obligation to a health facility or health agency? \*

☐ Yes

☒ No

13. Do you have a financial material interest in the rendering of health services? \*

☐ Yes

☒ No