



**SNOHOMISH COUNTY COUNCIL**  
**Snohomish County, Washington**

**RESOLUTION NO. 25-025**

**RAISING AWARENESS OF THE IMPORTANCE OF SUN SAFETY AND  
RECOGNIZING MAY 23, 2025, AS “DON’T FRY DAY” IN SNOHOMISH COUNTY**

**WHEREAS**, more than 5 million Americans are diagnosed with skin cancer annually, making it the most common type of cancer in the United States; and

**WHEREAS**, at least 2 people die of skin cancer in the U.S. every hour; and

**WHEREAS**, the most common types of skin cancer are strongly associated with exposure to UV radiation (sunlight, tanning devices, and indoor sources); and

**WHEREAS**, on average, having more than five sunburns doubles your risk for melanoma; and

**WHEREAS**, the CDC reports that in 2021, Washington reported 2,264 new instances of melanoma of the skin; and

**WHEREAS**, Snohomish County is a known hot spot for melanoma, according to the Washington Department of Health. Skin cancer rates in our county exceed state levels. Over 2016-2020 there were approximately 65 skin cancer cases per 100,000 compared with the statewide rate of 51.9; and

**WHEREAS**, the state’s cancer registry documented about 1,700 new melanoma cases and 66 deaths in the county from 2016 to 2018; and


**WHEREAS**, the National Council on Skin Cancer Prevention has designated the Friday before Memorial Day as “Don’t Fry Day” to promote sun safety awareness and to remind everyone to protect their skin while enjoying the outdoors; and

**WHEREAS**, individuals can take precautions to reduce their risk of developing skin cancer. Sun protection helps prevent the harmful effects of UV exposure, including sunburns, skin cancer, premature skin aging, and eye damage; and

**WHEREAS**, when detected early, the 5-year survival rate for melanoma is 99 percent;

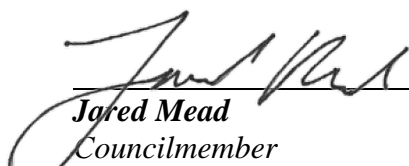
**NOW, THEREFORE, BE IT RESOLVED**, that the Snohomish County Council does hereby recognize May 23, 2025, as “Don’t Fry Day” and encourages residents to learn more about sun safety. The County Council also urges residents to take measures to decrease the harmful effects of ultraviolet light exposure, such as using sunscreen with an SPF 30 or higher, to block harmful sun rays.

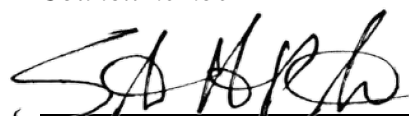
**APPROVED this 21<sup>st</sup> day of May, 2025.**


  
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**Nate Nehring**  
Council Chair

  
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**Megan Dunn**  
Council Vice-Chair

  
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**Sam Low**  
Councilmember

  
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**Jared Mead**  
Councilmember

  
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**Strom Peterson**  
Councilmember

ATTEST:   
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**Elena Lao, CMC**  
Deputy Clerk of the Council