



SNOHOMISH COUNTY COUNCIL
Snohomish County, Washington

PROPOSED RESOLUTION NO. 26-028

**RAISING AWARENESS OF THE IMPORTANCE OF SUN SAFETY AND
RECOGNIZING MAY 22, 2026, AS “DON’T FRY DAY” IN SNOHOMISH COUNTY**

WHEREAS, more than 5 million cases of skin cancer in Americans are diagnosed annually, making it the most common type of cancer in the United States; and

WHEREAS, at least 2 people die of skin cancer in the U.S. every hour; and

WHEREAS, the most common types of skin cancer are strongly associated with exposure to UV radiation (sunlight, tanning devices, and indoor sources); and

WHEREAS, on average, having more than five sunburns doubles your risk for melanoma; and

WHEREAS, the state’s cancer registry reports that in Washington in 2022, 5,665 new instances of melanoma of the skin were reported.

WHEREAS, Snohomish County has a high incidence rate of melanoma, according to the Washington Department of Health. Skin cancer rates in our county exceed state levels. Over 2018-2022 there were approximately 62.6 skin cancer cases per 100,000 compared with the statewide rate of 53.2; and

WHEREAS, the state’s cancer registry documented about 1,763 new melanoma cases and 60 deaths in the county from 2020-2022; and

WHEREAS, the National Council on Skin Cancer Prevention has designated the Friday before Memorial Day as “Don’t Fry Day” to promote sun safety awareness and to remind everyone to protect their skin while enjoying the outdoors; and

WHEREAS, individuals can take precautions to reduce their risk of developing skin cancer. Sun protection helps prevent the harmful effects of UV exposure, including sunburns, skin cancer, premature skin aging, and eye damage; and

WHEREAS, when detected early, the 5-year survival rate for melanoma is 99 percent;

NOW, THEREFORE, BE IT RESOLVED, that the Snohomish County Council does hereby recognize May 22, 2026, as “Don’t Fry Day” and encourages residents to learn more about sun safety. The County Council also urges residents to take measures to decrease the harmful effects of ultraviolet light exposure, such as using sunscreen with an SPF 30 or higher, to block harmful sun rays.

APPROVED this _____ day of _____, 2026.

Megan Dunn
Council Chair

Sam Low
Council Vice-Chair

Nate Nehring
Councilmember

Jared Mead
Councilmember

Strom Peterson
Councilmember

ATTEST: _____
Elena Lao, CMC
Deputy Clerk of the Council